Personal Survival Kit

- Should always be carried on your person
- Must be light and small enough to fit in your pocket
- Items should be multipurpose
- Should contain items from four categories:
 - Shelter building aids—twine, dental floss, large garbage bags, space blanket, bug head net, etc.
 - Signal aids—mirror, whistle, foil, surveyor's flagging tape, flares, chemical lights, strobe light, etc.
 - Personal health needs—medication, water purification tablets, eye care, bouillon cubes, energy bar, bug repellent, tampons, etc.
 - Fire starter
- Container should be waterproof and sturdy

