REQUIRED Packing List for the 2016 Vank Island Trip





- 1. **REQUIRED CLOTHING**: Rubber boots, pair of tennis shoes, warm coat, rain pants and coat (if possible with hood or hat), two changes of underwear, two pairs of wool socks, two pairs of regular socks, two pairs of pants and two shirts. Personal items: toothbrush, paste, comb, insect repellent, soap, washcloth, and towel. *Students should be prepared to get wet and have enough dry clothing to change into, including shoes.*
 - 2. UTENSILS: Bring your own plate, fork, spoon, knife and plastic cup.
 - 3. LIFE JACKET: Bring your own. This item is REQUIRED!!!
 - 4. CAMPING GEAR: Sleeping bag, backpack or duffel bag, pillow and/or extra blanket.
 - 5. BASIC SURVIVAL KIT: (REQUIRED and will be checked before going)
 - a. your kit should be no larger than a one pound coffee can
 - b. it should be easy to tote with a shoulder strap or attached to you belt (no glass containers)
 - c. items in it should be waterproofed (zip locks, etc.)

CHECK LIST: SURVIVAL KIT MUST CONTAIN THE FOLLOWING:
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1. Bic lighters and or waterproof matches
2. Pocketknife (swiss army preferably with less than 3 in. blade; NO fixed blade knives!)
3. Garbage bags (3 large)
4. Small flashlight (with good/new batteries!)
5. Candles (small)
6. Large sheet of aluminum foil (10 feet long)
7. Tin cup for boiling water (vegetable can or large empty soup can)
8. Food: granola bars & envelope of Lipton's chicken noodle soup
9. Survey tape and twine, or string/dental floss
10. Small reflective device – mirror, metal plate, etc.
11. Small first aid kit (band aids, Neosporin, gauze, etc.)
12. Small space blanket if possible

<u>DO NOT BRING:</u> hatchets, axes, guns, fireworks, or any electronic, unsafe, or unnecessary items. Cell phones do not work at that location...do not bring one.

YOU CAN BRING: footballs, frisbees, kites, outdoor game items, etc.

REMEMBER TO BRING A SACK LUNCH FOR THE FIRST DAY!!!

